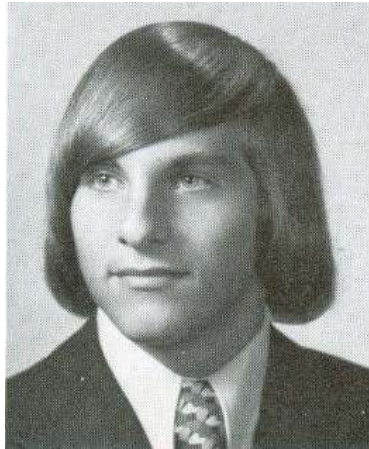


The spotlight is on Dr. J. Keith Bidwell



Keith, thank you for letting us put the spotlight on you, we appreciate your time and candor. More importantly, we are glad you still like to have fun after all these years.

Q. It's been nearly 35 years since we left high school.... Let's go back to your high school years first. When you think of your time at Stebbins, what are your fondest memories?

A. Meeting my wife of course!



Pam and Keith work on Homecoming.

Q. Did you have a favorite subject?

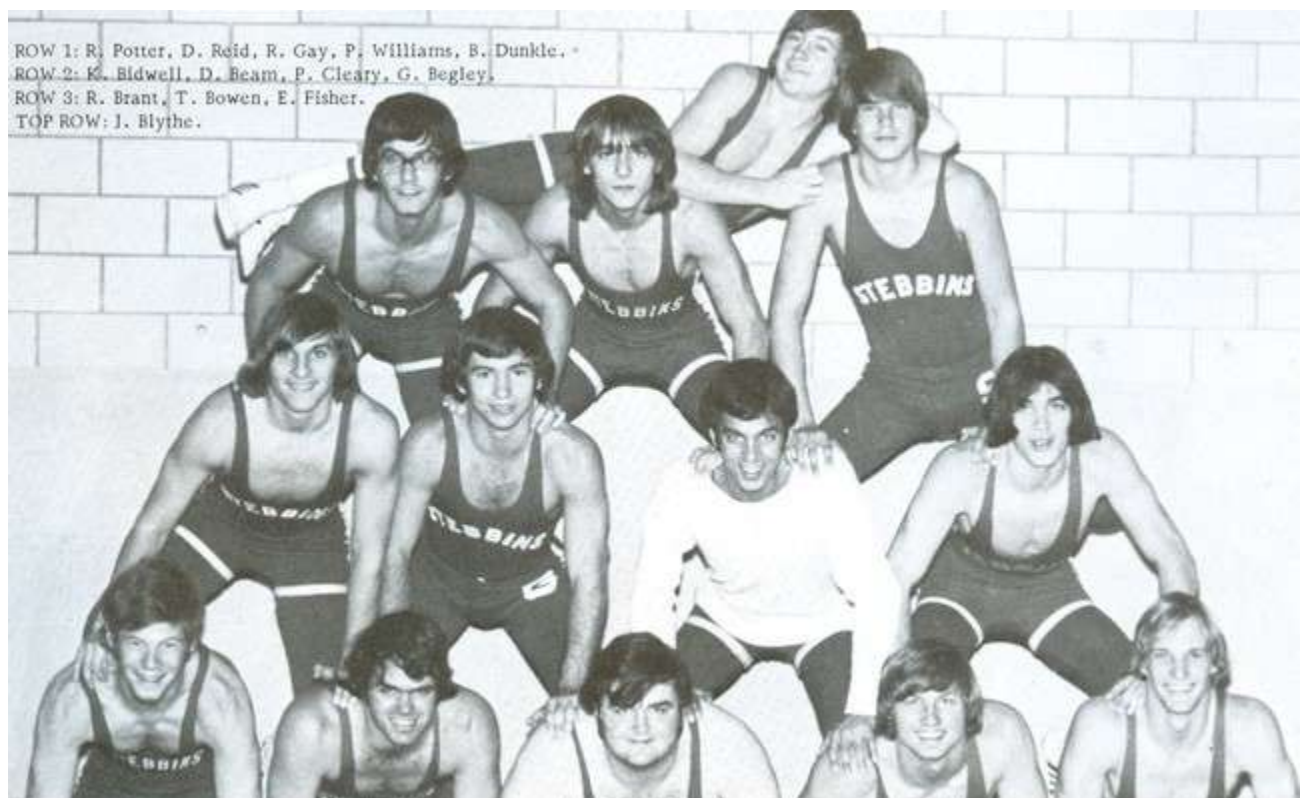
A. There was a class that involved writing where I remember penning some papers that were politically charged and I really enjoyed that. I think I have a little Patrick Henry in me and enjoy opining on various subjects.

Q. What was your most difficult subject?

A. Probably Physics.

Q. Okay, you've graduated. It's the summer of 75. What did you do that summer? The big hurrah before embarking to college.

A. I worked at Kettering Medical Center in Surgery. After each case, I helped get the rooms cleaned and ready for the next surgery. I got the job after having volunteered, doing the same thing, two summers earlier.



Keith (second row from bottom, 1st left) and the rest of the Wrestling Team.

You went to Wright State and earned a Doctor of Medicine degree. You did your surgery internship at the University of Cincinnati and your radiology residency at the University of Maryland. You have published articles in The Journal of Nuclear Medicine, The Journal of Computed Assisted Tomography and others. You have buried yourself in your education and the commitment to medicine.

Q. When did you decide you wanted a career in the medical field?

A. About midway through high school I volunteered at Kettering Medical Center to get some exposure to the medical field. That experience was instrumental in my decision.

Q. Was radiology your first choice?

A. No, I started in Surgery, but decided that wasn't for me after about 6 months of it. I really liked anatomy and so Radiology, which includes significant study of cross-sectional anatomy, really interested me. Besides, I used to go down to the Radiology Dept. at U.C. all the time, and all the Radiology Residents seemed to be happy!

Q. Has this been a fulfilling career for you?

A. Yes, it has. Radiology spans all areas of medicine so you really learn a lot about all fields. It is a lifelong study. There is always more to learn, and it is a highly technology dependent ever changing field.

Q. You are a partner at the Kettering Radiology and Imaging Centers. Certainly one of the Dayton areas most experienced imaging facilities. When did you join with them and what advantages do you see in working at an imaging center over working through hospitals?

A. I am a partner with Kettering Network Radiologists, Inc. I joined the group 9 years ago, after having worked with the group at Miami Valley Hospital for 12 years. There are 18 Radiologists in our group and I am 7th in seniority. We have the contract with Kettering Health Network to provide the Radiology services for Kettering and Sycamore Medical Centers, Grandview and Southview Hospitals and various outpatient centers that Kettering owns. In addition, our group has two offices of our own. At the office we read the studies that we perform ourselves, in addition to 9 other independent imaging centers. It is all Internet based, and the vast majority of the studies are read from the computer. There are very few plain radiographs anymore.

Q. What advancements have you been able to witness during your career in the radiology field?

A. My main area of expertise is Magnetic Resonance Imaging, and this area has probably seen the most technological advances the past 5-10 years. One of the most exciting areas is Functional MRI where tasks are performed during MRI scanning and the areas of the brain that are associated with that task highlight due to increased oxygen consumption. It therefore allows for task associated brain mapping.

Q. You stayed in the Dayton area. You've had the opportunity to move to much bigger cities for your practice. Why did you stay?

A. We always thought we would end up in the Tidewater Virginia area because we love Williamsburg. However, once we started having kids we really wanted to be close to the grandparents, and they live in Dayton.

Q. What do you like most about the Dayton area?

A. Nice safe place to live, with college and pro sports teams nearby, good restaurants and not too far from major cities.

Q. You are a recipient of the Stebbins Outstanding Alumnus award. Who nominated you for this honor?

A. Scott Huddle, who is on the school board, nominated me.

Q. Have you received other awards?

A. I received an award in Pharmacology and another in Obstetrics and Gynecology while in medical school, and I was inducted into Alpha Omega Alpha, the medical honor fraternity while there.

Q. What is your biggest regret?

A. Letting life pass by too quickly and being too busy. Having your kids grow up so fast that you feel you did not get to really enjoy them like you could have if you had taken more time to.

Q. Let's get personal. You are married to your high school sweetheart Pam Simcox and just celebrated your 30th anniversary. What has been the glue that keeps you together or is Pam really the perfect person that we all believe her to be?

A. Marriage is a commitment, is not feelings based, and is a lot of hard work. Having a strong faith has been important to us because you are not just relying on yourselves to make it. If marriage relied on "feelings" it wouldn't last long. Feelings go up and they go down.



Pam was on the student senate, the yearbook staff and other activities.

Q. Tell us about how you met and what did you do on your first date?

A. We met in high school but I don't remember exactly when. We started dating the summer of 1974. On our first date, we went to a movie, *Butch Cassidy and the Sundance Kid*, at the old Page Manor Cinema.

Q. What do you love most about your relationship with Pam?

A. She is intensely loyal.

Q. You have a beautiful family, 3 daughters, one recently married. What challenges did raising a family have? Is being a father what you expected?

A. Raising a family is not easy, but is very rewarding. I often wondered what it would be like to have a son, but I love my girls and couldn't be happier with them. Also, [Dad interviews all dates one on one!](#) I learned this at a Parenting Conference we went to when my oldest was just 6. You start telling your girls this when they are young, so that by the time they start dating (16 is the rule in our family) they have been hearing about it for years and it is no surprise. I'll e-mail the details of the interview to anyone who is interested.

Q. Are you involved in any community organizations, church, charity, etc.?

A. We attend Apex Community Church in Kettering. The pastor, Rob Turner is an awesome, yet very humble guy.

Q. What are your favorite books, movies, plays, poems, etc?

A. One of my favorite movies is *Where Eagles Dare*, which starred Richard Burton and a young Clint Eastwood. We also have a family tradition of watching *It's A Wonderful Life* around Christmas.

Q. What is the one thing about yourself that few people know?

A. Why I go by Keith instead of my first name which is John. My parents liked Keith but didn't like any middle name for it. They also only chose names that couldn't be made into nickname. So they named me John Keith and called me by my middle name. The one handy thing is, if I ever get a call on the phone from someone asking for John, I know it is a solicitor right from the start!

Q. Are there any political or social issues you feel passionately about?

A. I have a Founding Fathers mentality with regard to the government and the U.S. Constitution. I have been doing some reading about this recently. The founders, such as James Madison, did significant research on prior governing structures to assess what works and what doesn't. I believe we have strayed from many of the principles that they espoused and would like to see us return to them rather than stray further and risk imploding as a nation.

Q. Have you had the opportunity to travel? If so, where?

A. We have been to Germany, Italy and Greece, Canada and Mexico. We have been going to the Smoky's for 17 years straight now. We stay near Townsend, TN (*The Peaceful Side of the Smokys*) and do some serious hiking. I am very tradition oriented and wanted to establish a family vacation tradition that the kids would remember and enjoy.

Q. The Class of 75 has gone in many different directions, scattered across the country. Some are millionaires, some make it paycheck to paycheck, some are millionaires and still make it paycheck to paycheck. People would look at you and say there is a successful man. What defines a "successful" person to you?

A. A man with a strong faith, who works hard and stays humble.



Pam and Keith at a recent "mini-reunion".